NC FORMERLY INCARCERATED TRANSITIONAL PROGRAM

HELP IS AVAILABLE

Program overview

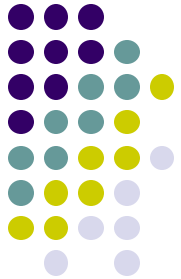
- Eligibility Requirements
- Referral Process
- Client Care
- Medicaid Expansion

NC FIT

- The Formerly Incarcerated Transition (FIT) program utilizes community health workers to connect recent released or soon to be released individuals with a chronic illness to include, chronic medical conditions, mental health, and/or substance use disorders to providers within the community.

- Accepting referrals

COMMUNITY HEALTH WORKER



Individuals are assigned a Community Health Worker to assist with:

- Navigating systems pertaining their physical and mental health, and substance use disorders.
- Linkage to resources to assist w/ housing, food, clothing, employment, etc.
- Provide support and encouragement during transition that support a holistic approach while supporting the goals identified by the individual.

NC FIT PROGRAM

Eligibility

- 18 yrs old or older
- Wake County Resident Or reside in one of our serving counties (Wake, Durham, Orange, Mecklenburg, Guilford, New Hanover)
- Released from Incarceration within 2 years of the referral date.

Referral Process

- Individuals can be referred by other agencies through referral email ncfitreferrals@unc.edu

- Individuals can visit Oak City Cares Mondays & Wednesday 10am-12pm during walk-in hours for self – referrals.

NC FIT RECOVERY

- FIT Recovery is designed to connect individuals with an opioid use disorder during reentry by connecting them with Medication Assistant Treatment (MAT).

- Appointments are scheduled prior to release along with the support of the community health worker upon release.
- Goal – Decrease overdoses for individuals during reentry leading to lower mortality rates utilizing supportive services.

NC FIT RECOVERY

Eligibility

- 18yrs or older
- Resident in one of our serving counties (Wake, Durham, Orange, Mecklenburg, Guilford, New Hanover)
- Addicted to an Opioid
- Must be referred 3-6 months before being released from incarceration

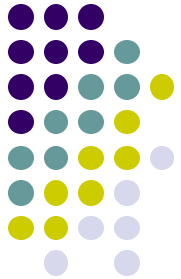
REFERRAL PROCESS

- ONLY ACCEPTING STATE – FEDERAL CORRECCTIONAL INSTITUTION REFERRALS
- Must be referred by the social worker- case manager completing home plan
- Must have diagnosed Opioid Use Disorder.

NC FIT WELLNESS

- FIT Wellness serve the Severe Mentally Ill (SMI) by connecting them with psychiatric and primary care services upon release.
- NC FIT Wellness participants are assigned a Community Health Worker (CHW) who provides supportive services, linkage to resources, and assistance with navigating systems within the community.
- In addition, individuals are provided TracFone's, assistance with clothing, food, medications, medical supplies, etc.

NC FIT WELLNESS PROGRAM



Eligibility

- 18yrs or older
- Releasing to Wake County
- Diagnosed with a Severe Mental Illness
- Incarcerated at the time of Referral

REFERRAL PROCESS

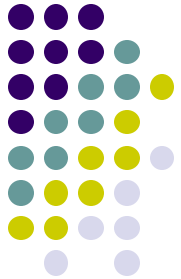
NC FIT Wellness accept referrals for individuals referred from state and federal prisons and Wake County Detention Center who has a diagnosed Serious Mental Illness (SMI). Ex; Schizophrenia, Schizoaffective, Bipolar type 1, etc.

- Must be referred from a State – Federal Correctional Institution - Wake County Jail.
- Must be referred while incarcerated by social worker – case manager completing home plan
- Referrals received by emails listed below

Juanita_darden@med.unc.edu
Shawn_baker@med.unc.edu
theodore_zarzar@med.unc.edu

Fax Number:

BENEFITS OF MEDICAID EXPANSION



- Healthcare made affordable for client population.
- Covers most medical expenses with small co-pays.
- Income-based for individuals who cannot afford insurance.
- Covers eye care and dental.
- No deductibles – No monthly premiums.

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- Medicaid made available to adults aged 18-64.
- Section 1115 Reentry Waiver allows individuals to enroll in Medicaid 90 days prior to release from prison.
- 1 year Verification process following enrollment.
- Eligible despite criminal hx – employment status – income.
- Covers Psychiatric Services, SA Tx, Therapy – Counseling, etc.

QUESTIONS